



# 2024 HOLIDAY CHALLENGE

## November 28 to December 24

### IT'S EASY TO PARTICIPATE

Complete 100,000 meters or 200,000 meters on the Concept2<sup>®</sup> RowErg<sup>®</sup>, SkiErg<sup>®</sup>, or BikeErg<sup>®</sup> from November 28 to December 24.

All ages and abilities can participate!

*Note: BikeErg meters count for half the distance when applied to the challenge.*

### Support great causes with your meters!

- **Team RWB** America's leading health and wellness community for veterans. <https://teamrwb.org/>
- **The Busyhead Project** Extending a hand to others, musician Noah Kahan, unravels the taboo of mental health with his very own mental health initiative, The Busyhead Project. <https://www.busyheadproject.org/>
- **DREAM** A nonprofit youth service organization committed to providing mentoring, adventure, and enrichment programs to youth across Vermont, Boston, and Philadelphia. <https://www.dreamprogram.org/>
- **Clean Air Task Force** CATF goal - Decarbonize the global energy system to address climate change. <https://www.catf.us/>
- **Dancer Love Foundation** "Empowering individuals with intellectual and physical disabilities through fitness, education and love" <https://dancerlove.org/>

Enter your meters in your Concept2 Online Logbook.

Visit [concept2.com/challenges](https://concept2.com/challenges) for instructions.

FREE prizes for completing the challenge.

**#c2challenge**

**800.245.5676**

**concept2.com/challenges**

**RowERG** 

**SkiERG** 

**BikeERG** 